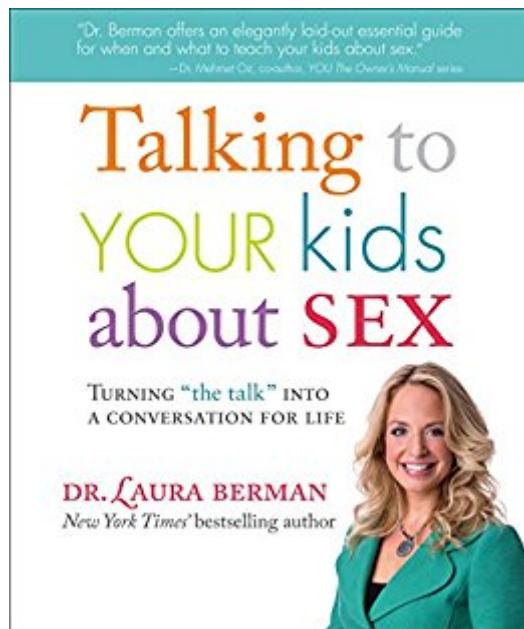


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# Talking To Your Kids About Sex



## **Synopsis**

Teaching your child about sex can be a rewarding, relationship-strengthening experience. You just need to be equipped with the right tools: clear, easy-to-explain information; critical questions to ask; good timing; and a sense of humor. Often touched on only lightly in schools, sexual knowledge is one of the most important parts of your child's education. Help encourage positive thought, relationships, and decision-making with Dr. Berman's resourceful, reassuring, and comprehensive book.

## **Book Information**

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## **Customer Reviews**

I'm a mother of teenagers, and I already had one book about Sex and Kids. But since I'm a huge fan of Dr. Berman, I decided to buy one, and I'm absolutely happy with the purchase. It's a different approach, it's absolutely a must have for parents and teachers as well. It's a complete different point of view, and it's very relevant for the difficult times we are facing as parents. It's an extraordinary tool to turn "the talk" into a conversation for life.

I purchased this book from four years ago. I've used it now and again with my now twelve-year-old.

A nurse friend of mine said now is the right time to have the sex talk since a lot of middle school kids are haphazardly introduced to sex. If I wouldn't of had this book, I wouldn't of had the courage to talk about all of the issues our children are bombarded with through the media. Of course she had the fifth grade anatomy course that most schools provide. I told her that after this talk, there will be nothing that we can't talk about because all of the embarrassment will be gone. Dr. Berman is doing a huge service to the parents brave enough to go there with their kids. I'm proud to say that we've had the sex talk, the drugs talk and the guns talk. I'm comfortable that my daughter will be well informed in any situation where I'm not around to guide her.

Thought this book was particularly good in terms of looking at teens and sexuality in a frank and honest way. I liked the suggestions about talking to your teen about the emotional aspect of sex, something often missed. It will make you think about your own attitudes to sex before so be prepared to be honest with yourself before even beginning to talk to your teen! Very good read, useful and practical.

The information presented is simple and easy to understand. You don't have to know much about child development or sex to get good use out of it. And, if you do have a lot of knowledge, it provides you with great examples, pictures, and conversation starters. Overall, a great book!

I have recommended this to all of my mama friends. Finally a common sense approach to talking openly with your kids about all aspects of sex. I'll admit, as liberal and open-minded as I claim to be, I still had my own hang-ups when discussing this stuff. This book was an excellent aid in helping me get over my own issues. I truly wish that there was something like this for my mother to read when I was young. Thank you Dr. Berman for breaking down barriers.

Its a great place to start if you have no idea what you want to tell your kids. If you have a general idea of what to say then this book probably isn't for you.

Great advice in a real world approach. It is well written by someone who obviously understands real life instead of just research.

Great text that walks a nervous parent through an admittedly awkward topic. It is so important that parents are equipped appropriately and I appreciate the clear language and frank answers.

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